

# How to use your Contour Ratchet Light Duty 3 Lever



## Contour Ratchet Light Duty 3 Lever

Simplistic controls located all on one side make this mechanism really easy to use and ultra ergonomic. This quick and easy mechanism has been developed to put the user in full control of their chair.

#### 1) Seat Height Adjustment

Raise lever to raise or lower height of seat.

#### 2) Back Angle Adjustment

Rotate handwheel anti-clockwise before moving back to desired height. Rotate handwheel clockwise to lock into desired position.

#### 3) Seat Tilt Adjustment

With the lever pulled up, rock forwards or backwards until the seat is at the desired angle. Once the desired angle has been achieved, push the lever down to lock the angle in position.

### 4) Back Height Adjustment

Raiser the back to desired height and release to set position. Raise back all the way to the top and release to reset the back position to the lowest point.